

**BARNARDO'S**

THE  
**BIG  
TODDLE**

**CHANGING CHILDHOODS.  
CHANGING LIVES.**

**TALKING TO  
CHILDREN ABOUT  
BARNARDO'S**



**BARNARDO'S**

# UNDERSTANDING HOW BARNARDO'S HELPS CHILDREN

**The concept of charity and fundraising can be difficult to understand.**

This activity booklet has been created to bring Barnardo's to life, helping your little ones understand the challenges other children might face and how the money they raise can enable Barnardo's to help these children.

It has also been designed with the Early Years Foundation Stage framework in mind, with particular relevance to themes in 'Understanding the world' and 'Personal, social and emotional development.'

**To find out more about our work visit: [www.barnardos.org.uk](http://www.barnardos.org.uk)**

## THE ACTIVITIES

You can start the activities by talking through Megan's story with your child or class. You can then use the story to work through the different activities on the following pages. We recommend you follow them in order and start with the first activity and end on the last.

## PART 1: MEGAN'S STORY

Megan has a Mummy and a little brother called Ben. Megan's Mummy is very poorly, and Ben is just a baby, so Megan has to do lots of things to help. She cooks all their food, cleans the house, washed their clothes and looks after baby Ben. This means that she does not have any time to play with her friends, do arts and crafts, read books or do other things she enjoys.



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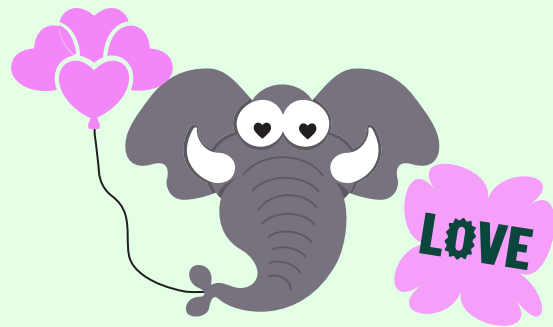


## PART 2: EMOTION MATCHING

The pictures on the left show five different situations. The pictures on the right show five emojis which represent five different emotions.

Draw a line and match each activity to the emoji and emotion that explains how you think Megan would feel in that situation.

Can you describe your choices?



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# PART 3: HOW CAN BARNARDO'S HELP CHILDREN LIKE MEGAN?

Use Megan's story to explore the following questions either through discussion, drawing or by cutting-out and sticking-on the pictures from the Emotion Matching sheet.



**HOW DO YOU THINK MEGAN FEELS?**

**WHY DOES SHE FEEL LIKE THIS?**

**WHAT WOULD MAKE MEGAN HAPPY?**

**IF MEGAN WAS YOUR FRIEND,  
HOW WOULD YOU HELP HER?**

# PART 4: HELPING MEGAN?



Megan is happy now. She was helped by some grown-ups from Barnardo's. They gave her:



**A GROWN-UP TO TALK TO  
WHO COULD HELP HER.**



**FOUND HER SOME  
NEW FRIENDS.**



**HELPED MAKE HER  
MUMMY BETTER.**



**HELPED HER GO TO  
A DRAMA CLASS.**



**MADE TIME FOR HER TO  
GO TO SCHOOL AND PLAY  
WITH FRIENDS.**



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