

WALK TO CHANGE CHILDHOODS

350,000 STEPS CHALLENGE



Ready to take on Barnardo's 350,000 Steps Challenge? This October, it's all about getting moving and having fun! Walk, jog, or hop your way to 350,000 steps – roughly 11,290 steps a day and about one step for every child we support each year.

Use this tracker to log your daily steps and be part of an amazing team, raising money for happier, safer childhoods.

LET'S GO! 1	2	3	4	5	6	ONE WEEK COMPLETED ✓ 7
8	9	10	11	12	13	14
HALFWAY THERE! 👍 15	16	17	18	19	20	21
22	23	24	25	26	27	28
NEARLY THERE! ★ 29	30	31	Daily steps completed: FINISH	CONGRATULATIONS Share your achievement with your friends and family. Let them know that because of your fundraising efforts, we can continue to Change childhoods and Change lives.		

