



**PATIENT AND CARE RACE EQUALITY
FRAMEWORK (PCREF) 2025**

UNDER 10S SUMMARY



**Changing childhoods.
Changing lives.**

Making our Mental Health services better for children and young people from different backgrounds

About Barnardo's

Barnardo's is a charity in the UK that helps children, young people, and families who need support. We want all kids to be safe, happy, and healthy as they grow up.

For some children it's tough for them to enjoy being a kid or do well when they grow up. Some are treated unfairly, which makes things even harder.

Barnardo's is here to help! We support children so they can grow strong and follow their dreams.

In April 2024, we started a big three-year plan help improve problems that children, young people, and families face in the UK today.

One of our biggest goals is to help children feel happy and healthy by supporting their mental health.

Right now, we have 84 places in England where we support children and young people with their mental health. We welcome kids from all kinds of backgrounds because we believe everyone should get the help they need!

Our new plan called the Patient and Carer Race Equality Framework

Barnardo's has a plan called the Patient and Carer Race Equality Framework (or PCREF for short). This plan helps make sure that all children, no matter who they are or what their background is, get the best care and support.

We will use this plan to make our services better, especially for children and young people from Black or Minoritised Ethnic Communities.

At Barnardo's, we work hard to make sure everything is fair, and we're always looking for ways to improve.

We listen to children, young people, and families we work with to learn how we can do better. We want to make sure everyone understands our services and can get the help they need.

But we know there's still more to do! That's why we're working on some really important things, like:

- Letting children, young people, and families help decide how we do things.
- Making sure our services are easy to reach and use for everyone.
- Learning more about different communities so we can help them in the best way.

Barnardo's is dedicated to supporting every child, especially those from Black, Asian, and other minority communities. We will keep improving and listening, so that every child can grow up happy, healthy, and full of hope for the future!



Mae'r adroddiad hwn ar gael yn Gymraeg.
Cysylltwch â ni i gael fersiwn wedi'i chyfieithu:
ask.edi@barnardos.org.uk

ask.edi@barnardos.org.uk: حاتم ريرقتلا اذه
بلطل انعم ل صاوتلا ىجري [ةيبرعل] اةغللاب
ةمجرتم ةخسن

Niniejszy raport jest dostępny w [języku polskim].
Aby uzyskać przetłumaczoną wersję, należy
skontaktować się z nami pod adresem:
ask.edi@barnardos.org.uk

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Barnardo House, Tanners Lane, Barkingside,
Ilford, Essex IG6 1QG | Tel: 020 8550 8822

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