

TIGER DOMESTIC ABUSE SERVICE

(PREVIOUSLY THE PHOENIX PROJECT)

SUPPORTING CHILDREN, YOUNG PEOPLE AND FAMILIES
EFFECTED BY DOMESTIC ABUSE



What is the TIGER DA service?

- Effective intervention programme of up to 10 weeks for children, young people and families who have experienced or are experiencing domestic abuse
- Core aims to give children a voice, to educate on domestic abuse and to build resilience and positive mental health
- Each intervention is trauma-informed, young person-centred and based on assessment of needs
- Co-designed intervention plan, led by the young person

Support offered in Barking and Dagenham:

- 1:1 sessions for children and young people
- PSHE group sessions/assemblies delivered within school settings
- Direct work sessions with parents/carers
- Professional collaboration with team around child
- Consultations for professionals

TIGER is part of Barnardo's TIGER Services. TIGER stands for Trauma Informed Growth and Empowered Recovery; Barnardo's unique evidence-based and evaluated trauma-informed approach. We also work with children, young people and their families where there are concerns around domestic abuse, child sexual exploitation, or harmful sexual behaviour.

Find out more:

<https://www.barnardos.org.uk/get-support/services/tiger-service>

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WE ACCEPT REFERRALS FROM SOCIAL CARE, EARLY HELP, SCHOOLS GPS, POLICE, CAMHS AND PARTNER ORGANISATIONS. TO MAKE A REFERRAL VISIT [BARNARDOS.ORG.UK](https://www.barnardos.org.uk) OR SCAN THE QR CODE BELOW.



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