

# TIGER

## HARMFUL SEXUAL BEHAVIOUR

### Supporting children and young people who exhibit harmful sexual behaviours



#### What is TIGER Harmful Sexual Behaviour?

- Effective intervention programme of up to 10 weeks for children and young people exhibiting harmful sexual behaviour (HSB)
- We also deliver AIM Under 12 and AIM3 assessments and interventions for more complex cases
- Each intervention is trauma-informed, young person-centred and based on assessment of needs
- Co-designed intervention plan, led by the young person
- Using coaching to re-empower the young person.

#### Support offered in Barking and Dagenham, Havering, and Redbridge:

- 1:1 meetings for the young person
- 1-2 sessions of direct work with parent/carers
- Professional collaboration with team around the child
- Consultations for professionals
- Training for professionals to develop understanding on how to support children and young people exhibiting HSB. This includes school staff, NHS, social services and the police.

**TIGER is part of Barnardo's TIGER Services.** TIGER stands for Trauma Informed Growth and Empowered Recovery; Barnardo's unique evidence-based and evaluated trauma-informed approach. We also work with children, young people and their families where there are concerns around child sexual exploitation, or harmful sexual behaviour.

**Find out more:**

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**We accept referrals from paediatricians, social workers, GPs, police and CAMHs. To make a referral visit [barnardos.org.uk](http://barnardos.org.uk) or scan the QR code below.**



We also accept referrals from other boroughs across London on a spot purchase basis. Please email or call for more information on this service.